

Hokkoku Shimbun 125th anniversary

30th Anniversary

TOUR DE NOTO 400

Kanazawa to

Noto Peninsula Bike Trip

Application Deadline  
August  
24  
(Fri)

September  
22 (Sat)  
23 (Sun)  
24 (Mon)  
2018

Contact information : The Hokkoku Shimbun Service Administration  
Executive Committee of  
TOUR·DE·NOTO 400  
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Kanazawa, Minamichou 2-1  
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(10:00~18:00 Mon-Fri)  
FAX.076-260-3426

JAグループ Ishikawa

ひやくまん穀 Presents

30th anniversary TOUR·DE·NOTO 400

Now open for entries !

Please visit the official website for details . . . <http://tour-de-noto.com>

Organizers/Executive committee of TOUR·DE·NOTO 400、The Hokkoku Shimbun、The Toyama Shimbun  
Co-host/Ishikawa Cycle Federation、Ishikawa Cycling Association  
Special Cooperation/ Kanazawa Medical University、Anamizu General Hospital  
Special Sponsor/ JA group Ishikawa、New Rice Variety 『Hyakumannogoku』 Promotional Committee

# 30th anniversary TOUR・DE・NOTO 400

September 22 (Sat)  
23 (Sun) 24 (Mon) 2018

## About this event

This competition aims to bring cycling enthusiasts from throughout the nation to Ishikawa Prefecture for a physical and energetic race around the Noto Peninsula which is known for its beautiful nature and kindness.

This race is not about speed but aims to award those who can finish the course while observing all traffic and event rules.

## Eligibility for Entry

Any healthy person above the primary school level may choose their course that fits their abilities and participate in the race. However, participants below the junior high school level must be accompanied by a parent or legal guardian.

Participation by minors requires the consent of a parent or legal guardian.

## Schedule・Course

Each course has a time limit.  
Average time limit for each course will be based on a 20 km/hr speed completion time.

Courses may change based on future road conditions.

September 21 (Fri)	September 22 (Sat) Approximately 120 km	September 23 (Sun) Approximately 160 km	September 24 (Mon) Approximately 120 km
<b>Pre-Race Reception</b>	Kanazawa City → Uchinada Town → Kahoku City → Hodatsushimizu Town → Hakui City → Shika Town → Wajima City	Wajima City → Suzu City → Noto Town → Anamizu Town → Nanao City (Wakura Onsen)	Nanao City (Wakura Onsen) → Himi City → Nakanoto Town → Hodatsushimizu Town → Kahoku City → Uchinada Town
●13:00~17:00 Pre-Race Reception (Ishikawa Prefectural Government Building Center)	●6:00~8:00 Same-Day Reception (Ishikawa Prefectural Government Building Center)	●6:00~7:00 Same-Day Reception (Wajima City Marine Town)	●6:30~8:00 Same-Day Reception (Wakura Onsen Sports Park Yacht Harbor Parking Lot)
	●8:00~8:20 Opening Ceremony (Ishikawa Prefectural Government Building Center)	●7:30 Race Start	●8:30 Race Start (Uchinada-cho ending goal is planned to be between 13:30 and 15:30)
	●8:30 Race Start		

## Department・Capacity

Champion Course 〈Capacity〉 1000 people	2 Day Course 〈Capacity〉 500 people	1 Day Course 〈Capacity〉 500 people each day	Beginner Course 〈Capacity〉 100 people
●3 Day Course [9/22 (Sat), 23 (Sun), 24 (Mon)] Approximately 400 km 〈Start〉Kanazawa City 〈Goal〉Uchinada Town 〈Lodging〉Day One: Wajima City Day Two: Nanao City	●9/22 (Sat), 23 (Sun) Approximately 280 km 9/22 (Sat) 〈Start〉Kanazawa City 〈Goal〉Wajima City 9/23 (Sun) 〈Start〉Wajima City 〈Goal〉Nanao City	A one day course will be available for each of the three days. ※Participants may join on any day.	●9/22 (Sat) Approximately 70 km 〈Start〉Kanazawa City 〈Goal〉Shika Town Race Course ends at Lunch Venue
	●9/23 (Sun), 24 (Mon) Approximately 280 km 9/23 (Sun) 〈Start〉Wajima City 〈Goal〉Nanao City 9/24 (Mon) 〈Start〉Nanao City 〈Goal〉Uchinada Town	●9/22 (Sat) Approximately 280 km 〈Start〉Kanazawa City 〈Goal〉Wajima City	
	●9/22 (Sat), 24 (Mon) Approximately 240 km 9/22 (Sat) 〈Start〉Kanazawa City 〈Goal〉Wajima City 9/24 (Mon) 〈Start〉Nanao City 〈Goal〉Uchinada Town	●9/23 (Sun) Approximately 160 km 〈Start〉Wajima City 〈Goal〉Nanao City	
		●9/24 (Mon) Approximately 120 km 〈Start〉Nanao City 〈Goal〉Uchinada Town	

## Entry fee (Tax Included)

Champion Course	2 Day Course	1 Day Course	Beginner Course
¥ 30,000 (Tax Included) (Elementary, Junior High and High School students are half price) (Includes bathing fees after the Uchinada-Town goal on the 24th)	¥ 22,000 (Tax Included) (Elementary, Junior High and High School students are half price) (Includes bathing fees after the Uchinada-Town goal on the 24th)	¥ 12,000 (Tax Included) (Elementary, Junior High and High School students are half price) (Includes bathing fees after the Uchinada-Town goal on the 24th)	¥ 8,000 (Tax Included) (Elementary, Junior High and High School students are half price)

●Participation fee includes bib number, participation memorial goods, insurance fee, luggage transportation, lunch, snacks and drinks.  
(Accommodation fees will be charged separately.)



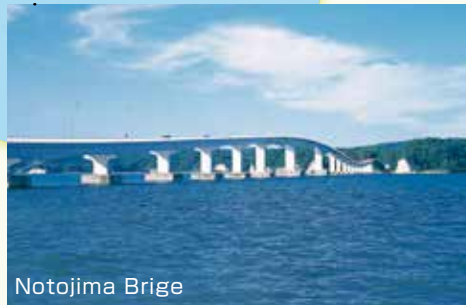
Senmaida



Mitsukejima

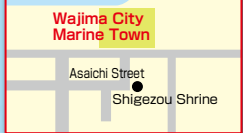


Yasenodangai



Notojima Brige

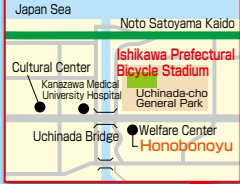
**Day 1 Goal & Day 2 Starting Point**  
Wajima City Marine Town  
120 km point (Approximate)



**Day 2 Goal & Day 3 Starting Point**  
WakuraOnsen Sports Park Yotto Harbor Parking Lot  
280 km point (Approximate)



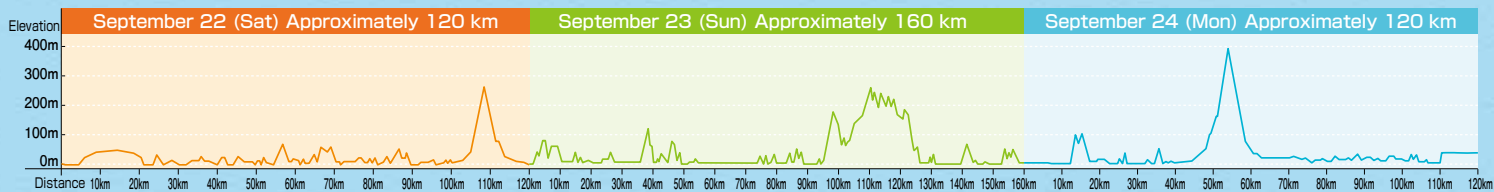
**Day 3 Goal**  
Ishikawa Prefectural Bicycle Stadium  
400 km point (Approximate)



**Day 1 Starting Point**  
Ishikawa Prefectural Government Building Center



## Course Topography Map



### Course

- =September 22 (Sat) Approximately 120 km
- =September 23 (Sun) Approximately 160 km
- =September 24 (Mon) Approximately 120 km
- =Beginner Course September 22 (Sat) Approximately 70 km
- =Checkpoints and break points

The course diagram is what has currently been confirmed. Subject to change. Courses are subject to change due to future road conditions, etc. Any course changes will be reflected on the event home page.